Conference is in the air as Fall business activity starts to ramp up

October is officially here!! We had a 1% increase in the number of Business Associates who joined us in the month of September and a 1% increase in sales! We are in the final quarter of 2015 and I know it will be our best one ever!

Make sure you check out the October calendar on the home page of the website and register for the many webinars. Education week is taking place October 12—15; don’t miss out!

Conference is less than a week away! We are so excited about this year’s event and we hope you are too! If you haven’t signed up, sign up today!!!


Bronze Academy is going to be a powerful event at conference and it’s not too late to join us! Check out the link for more information.

http://www.naturessunshine.com/ca/members/c1/bronze-academy-overview/

We will be having an INFORM Coaches Certification at Conference on Friday, October 23rd! Don’t miss out on becoming an INFORM Coach and watching your business grow and grow! Sign up today!

Look forward to seeing many of you in Montreal!

Wishing you all a fantastic October!

Food For Thought

“Almost every successful person begins with two beliefs: the future can be better than the present, and I have the power to make it so.”

“Efforts and courage are not enough without purpose and direction.”
— John F. Kennedy

SUNSHINE REWARDS

Top 3 Leaders in number of sign-ups for September year-to-date

1. Charles Knockaert 6
2. Sherri Green 2
2. Lisa Lancaster 2
3. Noémie Bergeron 1
3. Kathy Deane 1
3. Angele Bellavance 1
3. Lena Ferrara 1
3. Kathy Terpstra 1
3. Francine Landry 1
3. Liana Dearsley 1
3. Beth Gabriel 1
3. Charlotte Stace 1
3. Christine Haynes 1
3. Jackie Johnson 1
3. Odette Cousineau 1
3. Terri Morrisseau 1

Congratulations to the following on their Rank Advancement for Sept. 2015:

Josée Landry  Bronze
John Wipf  Bronze

We would like to congratulate the following Manager for maintaining Manager for 4 consecutive months:

Jo-Anne Campanaro
When Charles Knockaert was first introduced to NSP by his daughter-in-law Tina, he was struggling with numerous health problems. “I had wounds that would not heal. I had sleep apnea, high cholesterol and high blood pressure. I was on three different medications and could only walk for about 10 minutes without being out of breath. Five months later being on a NSP program developed by Tina and Donna Roth, I can walk eight miles with no effort at all. When I started walking I was using a cane, but now I’m walking just fine and can run two kilometers. I quit drinking alcohol and replaced it with lots of water, liquid chlorophyll, Solstic Energy, Solstic Nutrition, and Stixated.

“The health issues I resolved and the weight I lost in six months was the best success story I could ever have—50 lbs in five months without dieting.”

As Charles witnessed how the herbal program was improving his health, it was to him as if a light went on. “That’s when I became serious about my health. I realized my body could heal itself but I had to give it the right herbs and minerals. I said today is the first day of the rest of my life.”

“I never thought of starting a business until I saw what these products did for me. People would ask me what I was doing and I told them I started by cleansing and giving my body the minerals and herbs it needed to heal. I knew what herbs and minerals to take from Donna Roth’s program and the lessons from my IN.FORM coach, who is also my daughter-in-law, Tina Knockaert.”

We had the opportunity to speak with Charles and get some insights into what makes him so successful.

**Why Nature’s Sunshine?**
For Charles, his attraction to NSP began when he personally experienced the change in his health. He knows and trusts the quality of NSP products and has confidence others will see results as he did.

**Your 3 keys to success:**
1) Get on a program and stick with it until you see results.
2) Become educated through the tools and programs available.
3) Let your story bring you success.

**What’s your ultimate goal**
Charles’ ultimate goal is to continue on his health journey and to tell others about how his life and health have changed. Although Charles is semi-retired, he is now a Bronze Manager and does not plan on stopping any time soon.
2016 Qualifications

In 2016 select NSP Managers from around the world will gather in Utah for several days for a life-changing experience. They will receive intense training from renowned experts. Their business will be energized and their vision more sharply focused.

Rising Star Qualifications

Qualification Period: April 1st, 2015 to March 31st, 2016

Requirements:

- Be a Silver Manager who has never attended or qualified for Rising Star.
- Be Silver rank or higher by April 1st, 2016.
- Accumulate 40,000 TGV or more over the qualification period.
- Be a qualified Silver Manager or above for 4 months during the Qualification Period.

Will you join us?

MORE RECOGNITION from September 2015

Top 10 PV for September 2015
1. Diane & Bill McLaren
2. Marilène Perreault
3. Margie & John Kadynuik
4. Florence & Brian Dyck
5. Elaine & Behrooz Tahririha
6. Jean Dansereau
7. Rachel Smith
8. Muhammad Ali
9. Sarah Nickel
10. Christopher & Barbara Opolski

Top 10 PGV for September 2015
1. Diane & Bill McLaren
2. Marilène Perreault
3. Behrooz & Elaine Tahririha
4. Jean Dansereau
5. Margie & John Kadynuik
6. Florence & Brian Dyck
7. Megs & Ramila Padiachy
8. Christopher & Barbara Opolski
9. Sarah Nickel
10. Penny & Powell Slimmon

Top 4 PC Sponsors (YTD)
Since Sept. 1st (Conference Awards)

1. Kathy Deane 5
2. Christine Lennips 4
2. Kate Shivers 4
2. Sarah Leblanc 4
3. Carol Guertin 3
4. Donna Roth 2
4. Melanie Monette 2
4. Judy or Lawrence Lam 2
4. Eva Welska 2
4. Jacki Cooper 2
4. Kyla McClure 2

Top 6 BA Sponsors (YTD)
Since Sept. 1st (Conference Awards)

1. Sarah Nickel 23
2. Megs & Ramila Padiachy 10
3. Heidi Francoeur 8
4. Deborah Ferguson 6
5. Betsy Vourantoni 5
5. Zahra Elmmala 5
5. Nellie Habibi 5
5. Francine Landry 5
6. Donna Roth 4
6. Katharina & David Rempel 4
### New Breakout Managers

**Congratulations** to the following who broke out to Manager status during Sept. 2015 *(first month at Manager status):*

<table>
<thead>
<tr>
<th>Name</th>
<th>Sponsor</th>
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<tbody>
<tr>
<td>Carol Guertin</td>
<td>Joanne Thaxter</td>
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<tr>
<td>Rachel Guayasamin</td>
<td>Marlene Badri</td>
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<tr>
<td>Mary Lou Bartley</td>
<td>Megs &amp; Ramila Padiachy</td>
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<tr>
<td>Deb Gaiga</td>
<td>Naomi Horbatch</td>
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<tr>
<td>Jo-Lynn Knapp</td>
<td>Loretta Condruk</td>
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<tr>
<td>Jennifer Brownrigg</td>
<td>Megs &amp; Ramila Padiachy</td>
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<tr>
<td>Debra &amp; Charles McCahon</td>
<td>Teri Ann Palmer</td>
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<tr>
<td>Kevin Stacey</td>
<td>Linda Frizell &amp; Tanya Yilla</td>
</tr>
<tr>
<td>Dixie Mackay</td>
<td>Kathy Deane</td>
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<tr>
<td>Galina Polishchuk</td>
<td>Denis Stepanovy &amp; Marina</td>
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<tr>
<td>Kelly Judge</td>
<td>Penny &amp; Powell Slimmon</td>
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<td>Jacob &amp; Tina Wrens</td>
<td>Abe &amp; Eva Bergen</td>
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<tr>
<td>Durwin Scherger</td>
<td>Charles Knockaert</td>
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<td>Ruth Walter</td>
<td>Kathy Tuner</td>
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<td>Sam Kreviazuk</td>
<td>Terri Morrisseau</td>
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<td>Angela Zic</td>
<td>Megs &amp; Ramila Padiachy</td>
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<td>Charlene Wheatley</td>
<td>Donna Roth</td>
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<td>Jacob &amp; Aganetha Rempel</td>
<td>Katharina &amp; David Rempel</td>
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<tr>
<td>Helena Koethler</td>
<td>Abe &amp; Eva Bergen</td>
</tr>
</tbody>
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### Top 4 Manager Increase (1st level)

1. Megs & Ramila Padiachy 6
2. Angela & Michael Rasheed 3
3. Betsy Vourantoni 2
4. Diane McLaren 2
5. Melanie Monette 2
6. Lucy Taylor 2

### Top 6 Manager Increase (group)

1. Lily Dingwall & Charlotte Lawrence 17
2. Alain Plante 17
3. Rhéa Goudreau 17
4. Robert & Nicole Fournier 16
5. Carol Nilsson 14
6. Besty Vourantoni 11
7. Marieline Perreault 10
8. Jeff & Chelsie Wolff 9
9. Donna Roth 9

### Top 10 PGV Increase ($ average)

1. John Wipf
2. Ruth Walter
3. Johan & Mary Loewen
4. Charles Knockaert
5. Peter & Katharina Groening
6. Jane & Ray Friesen
7. Josée Landry
8. Terry & Joanne Bell
9. Agatha & Heinrich Fehr
10. Abe & Eva Bergen

### Top 10 TGV Increase ($ average)

1. Abe & Eva Bergen
2. Rhéa Goudreau
3. Annie & Heinrich Froese
4. Bruce & Nola Bell
5. Joanne & Terry Bell
6. Florence & Brian Dyck
7. Peter & Katharina Groening
8. Megs & Ramila Padiachy
9. John Wipf
10. Alain Plante

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### MORE RECOGNITION

Since Sept. 1st (Conference Awards)
Garden Essence: Garden Essence is a digestive enzyme supplement designed to assist the digestion of all types of food, with the exception of dairy. Furthermore, the formula does not contain hydrochloric acid (HCl).

The aromatic herbs in Garden Essence owe their properties mainly to volatile oils. The name aromatic is a reflection of the pleasant odour of these herbs. Studies confirm that consuming aromatic herbs, such as caraway, ginger, fennel, and gentian, before eating improves digestion by increasing the production of digestive enzymes and fluids, and tones the tissues of the digestive tract.

Benefits:
- Assists the digestion of all types of food, with the exception of dairy.
- Cellulase breaks down nondigestible fibre (cellulose).
- Glucoamylase metabolizes starches into glucose.
- Pectinase breaks down pectin.
- Protease digests protein.
- Aromatic herbs stimulate the production of digestive fluids.
Sharing Sunshine

Every new October Sign-Up receives a **FREE** Garden Essence with a $75 Sign-Up order.

Offer is valid from October 1st to 31st, 2015. Join through Web, Customer Service or FAX.

Not valid with any other offer. Only one offer per new sign up order. NSP reserves the right to substitute product offering should quantities dictate.
RENEW Your Membership

Renew your Membership with a $75.00 product order and Renewal Fee to receive a FREE Zambroza.*

Plus, receive a FREE Product Guide and Master Price List.

Total Retail Value $48.48

Valid from October 1st to 31st, 2015.

To renew your Membership, please call Customer Service at 1-800-265-9163. Not valid over the web.

*Offer does not include shipping/handling. Nature’s Sunshine reserves the right to substitute or modify any part of this special offer as supply of items or availability warrants. Not valid with any other promotion.

Make 2015 your year for renewed health
WE MISS YOU!

Renew your membership in September or October and receive these FREE products and more . . .

1. Reactivate your membership for FREE with a $150.00 renewal product order. We waive the $15 (Preferred Customer) or $20 (Associate) renewal fee.

2. Receive one FREE Liquid Chlorophyll (473 mL) plus Vitamin D3 if renewing in Sept.
   Receive one Liquid Chlorophyll if renewing in Oct.


To renew your Membership, please call customer service at 1-800-265-9163.

(Offer not available through the website.)

Offer valid to Oct. 31st, 2015

(Nature's Sunshine reserves the right to substitute or modify any part of this special offer as supply of items or availability warrants. Not valid with any other promotion.)
Special Bronze Academy Training Session 2015

NSP Business-Building Secrets & Knowledge Revealed

One-Day Seminar Only (space is limited)

Tuesday, Oct. 20th 9am – 4pm (just prior to the Annual Health Conference)

9am  Opening & Dream Journal Workshop—Rhancha Trick

Rhancha Trick, Director of Business Development leads Nature's Sunshine Canada's marketing function. She works closely with Managers to help them reach their full potential, creates and promotes marketing programs, and oversees communication to the field.

Topic: We will work together to create a Vision/Dream Journal that will keep you focused on achieving your goals.

10am  Business Action Training—Donna Roth

Donna Roth, BA BEd, MH, Senior Diamond Manager, Author of Practical Solution to the Cancer Injury and coauthor of Mud Pies, a ‘Health Inspired’ recipe book. Founder of Taking Action For Your Health (TAFYH), nominated for Dr. Rogers Prize, 2013, and recipient of the NSP Award of Excellence in 2014.

Topics: Setting Goals, Sunshine Rewards Elevator Speech, Confidence Poses, Importance of Success Stories, The Money Issue, Overcoming Fear, Developing Managers by using BSQ & ABC+D programs, Learning the Language & Realizing your Greatness.

12 noon  Lunch

1pm  Business Action Training Continued—Donna Roth

2:30pm  Growing your Business—Rhancha Trick

Topic: We will work together to take your business to the next level! We will discuss Social Media, Customer Relationship Management CRM, Duplicating Yourself, and Marketing Your Business.

4pm  Adjourn

LOCATION: Montreal, QC
Tuesday, Oct. 20th

Open To Everyone
$99 per person or $149 per couple if you didn’t earn attendance.
For qualification details go to: http://www.nattresssunshine.com/ca/members/c1/bronze-academy-overview/

To register, call Milly Deaken at 1-877-257-4372 ext. 3919 or email to millyd@natr.com

At the same time don’t forget to register for Conference 2015

Academy Venue

Le Centre Sheraton Montreal Hotel
1201 Boulevard Rene-Levesque
West Montreal, Quebec
H3B 2L7
Conference Registration Form
October 20th-22nd, 2015
Le Centre Sheraton Montreal Hotel
1201 Boulevard Rene-Levesque
West Montreal, Quebec H3B 2L7

Complete One Form per room (even if only attending banquet) and send to the Marketing Dept.

Please check if you are a first-time attendee to Conference.

Years with Nature’s Sunshine:  [ ] 5  [ ] 10  [ ] 15  [ ] 20  [ ] 25  [ ] 30  [ ] 35 plus

New to the Rank since 2014:  [ ] Manager  [ ] Bronze  [ ] Silver  [ ] Gold  [ ] MasterGold  [ ] Platinum
 [ ] Diamond  [ ] Sr Diamond

Highest level ever achieved with Nature’s Sunshine:  [ ] Manager  [ ] Bronze  [ ] Silver  [ ] Gold  [ ] MasterGold  [ ] Platinum
 [ ] Diamond  [ ] Sr Diamond

Name ____________________________________________  First as it should appear on your name tag

Account # ______________________________________  Daytime Telephone ________________________________

Please Check Where Appropriate:

☑ Option 1 - $150.00 (per person)  ☑ Option 2 - $80 per person
   Before Sept. 5th only $100.00  Awards Gala Banquet & Dance only
   3-day pass to all sessions. Includes
   Awards Gala Banquet & Dance
   ☑ Bronze Academy $99 or
   $149.00 per couple
   (Oct 20th, 9am-4pm)
   Lunch included

IN.FORM Certification Training on Friday, Oct 23rd 8:30am to 5pm

☑ Yes, I want to become a certified IN.FORM Coach in this special day of training.
   $550.00 +tax. Includes Coach Certification and IN.FORM Coach Kit ($1,000 value)
   Also includes:
   3 beautiful stanchion banners for weekly meetings
   NSP branded IN.FORM BioTracker (Scale)
   Coach’s Manual with all 13 modules
   Stylish Coach’s Shirt
   2 IN.FORM Tape Measures
   15 participant manuals
   15 food journals
   Resource multimedia DVD
   And more!

☑ $150.00 +tax. For an extra name on the account to attend (includes certification, shirt, and lunch)

☑ $60 +tax. Current IN.FORM Coaches can take a refresher course.

Meal Packages: $50 lunch packages are available for each day per person. _____ Total lunch packages required.

Special Meal Requests:
Vegetarian  ☑ Yes  ☐ Other  Please advise us of any important personal information that will help us serve you during the event. Cards will be provided and must be shown for vegetarian or special meal requests. Please state any special meal requests below:

________________________________________________________________________________________________________________________________

Travel & Accommodations (IMPORTANT): Special Pricing is available to attendees

To take advantage of our negotiated hotel rate, reservations will be made through Nature’s Sunshine by sending this form to the Marketing Department.

Hotel Arrival Date ____________________________  Hotel Departure Date ____________________________

Method of Payment (must accompany this form.)

☑ Visa  ☑ Mastercard  ☑ AMEX  ☑ Money Order  ☑ Cheque (payable to Nature’s Sunshine Products of Canada Ltd).

Card # ____________________________  Expiry Date ____________  Amount $ ____________

Note: Registration form is not valid without payment. Nature’s Sunshine will endeavor to fulfill all special requests and cannot be held responsible if unable to accommodate them for reasons beyond our control. Cancellation Policy: In order to cancel your registration you must provide us notice in writing prior to September 15th, 2015 to receive a full refund. Any cancellation after this date will be charged a $50.00 Administration Fee.