Vitamin B-Complex, SynerPro
NPN 80023428, 120 tablets, Vitamin supplement, Stock No. 1773-8

B-complex vitamins provide the body with B vitamins critical for maintaining healthy functioning of the numerous body systems, but especially the nervous system and energy production.

As part of the SynerPro family of NSP supplements, SynerPro Vitamin B-Complex is formulated in a blend of herbs, cruciferous vegetables, and bioflavonoids.

Did you know?
B-complex vitamins convert carbohydrates into glucose which the body "burns" to produce energy. These vitamins are also essential for the metabolism of fats and protein, and for the maintenance of muscle tone in the gastrointestinal tract, as well as healthy digestive function. B-complex vitamins even play a role in the health of the eyes, hair, liver, mouth and skin.

All the B-complex vitamins are water-soluble; therefore any excess is naturally excreted from the body, not stored, making continual replacement vital. Cooking and refining foods easily destroys B vitamins. Alcohol, coffee or tea consumption, and heavy perspiration also result in the loss of certain B vitamins. A daily, dietary supply of B vitamins is vital for optimal health.

NSP Advantage
120 tablets. Vitamin supplement in the SynerPro blend of herbs, cruciferous vegetables, and bioflavonoids.

Ingredients: Medicinal Ingredients: Each tablet contains Vitamin B3 (niacinamide) 50 mg; Pantothenic acid (calcium-d-pantothenate) 40 mg; Vitamin B6 (pyridoxine hydrochloride) 8 mg; Vitamin B2 (riboflavin) 6.8 mg; Vitamin B1 (thiamine mononitrate) 6 mg; Beta vulgaris (red beet) root 5 mg; Brassica oleracea capitata (cabbage) leaves 5 mg; Daucus carota (carrot) root 5 mg; Solanum lycopersicum (tomato) fruit 5 mg; Citrus paradisi (Grapefruit bioflavonoids) rind 1.25 mg; Citrus sinensis (orange bioflavonoids) rind 1.25 mg. Folate (folic acid) 400 mcg; Biotin 300 mcg; and Vitamin B12 (cyanocobalamin) 24 mcg. Non-medical Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid (vegetable source), broccoli, cellulose, magnesium stearate (vegetable source), rosemary, turmeric and hesperidin.

Recommendation (adults): Take one tablet per day with a meal.

Features & Benefits

- Multi-vitamin supplement for the maintenance of good health.
- Niacinamide helps the body to metabolize carbohydrates, fats and proteins, and helps normal growth and development.
- Folate helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy.
- Formulated in the SynerPro base of herbs, cruciferous vegetables, and bioflavonoids.