

# Pau D'Arco

NPN 80034841, 100 capsules, Single herb, Stock No. 504-2

**P**au D'Arco has a history of use for viral infections such as colds, flu and sore throats.

The Incas and native tribes of South America use Pau D'Arco externally as a poultice or decoction for treating skin diseases including eczema, psoriasis, fungal infections and hemorrhoids.

## *Did you know?*

Pau D'Arco is the name of a tree growing in the rain forests of South America where it resists fungal growth. It is known by many names. In Argentina, it is called "Lapacho" and in Brazil, "Ipe." In North America, however, the herb is known most frequently by Pau D'Arco, its Portugese name, or Taheebo.

## *NSP Advantage*

100 capsules. Single herb.

*Ingredients:* Medicinal Ingredients: Each capsule contains *Tabebuia heptaphylla* (pau d'arco) inner bark 500 mg. Non-medicinal ingredients: Magnesium stearate, silicon dioxide and gelatin.

*Recommendation (adults):* Take two capsules three times daily with a meal.

**Risk Information:** Do not take if you have a heart condition or are on anticoagulants. Avoid taking if have a blood clotting disorder. Do not take if you are pregnant or breast-feeding. Do not take more than the recommend dosage. Consult a health care practitioner if symptoms persist or worsen. Do not take with Vitamin K as supplementation may reduce anticoagulant and antineoplastic effects. Do not take if on immunosuppressants as may inhibit the immune system. Pau D'Arco may elicit an allergic reaction to those individuals sensitive to wood dust. Nausea, vomiting, anemia, and a tendency to bleed may occur.

## Features & Benefits

- Used in traditional western herbalism to help treat sore throat and colds.