REFUGE
Calming Blend

Notes of mellow floral, luscious citrus and inviting vanilla create a personal quiet space in any environment where calm is needed. As daily stresses and worries accrue, REFUGE will be your beacon for peace and serenity.

FEATURES
Lavender, Orange, Atlas Cedar, Ylang Ylang, Blue Tansy, Vanilla
- Diffuse in a room for calming effect
- Carry in purse or briefcase in a roll-on bottle to apply at pressure points whenever daily stress needs to be allayed
- Makes a perfect spa-day addition to baths, salt scrubs and lotions

INGREDIENTS
100% pure essential oils of Lavandula angustifolia (Lavender) flower, Citrus sinensis (Orange) peel, Cedrus atlantica (Atlas cedar) wood, Cananga odorata (Ylang Ylang) flower, Tanacetum annuum (Blue Tansy) leaf & flower, Vanilla planifolia oleoresin.

RECOMMENDED USE
Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature’s Sunshine Massage Oil or Carrier Oil before applying topically.

COMPLEMENTARY PRODUCTS
Flower Essences, Nature’s Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: 3876-4 (15ml)