



# PEPPERMINT

## Fresh and Reviving

With an invigorating and minty aromatic blast, Peppermint also possesses unique cooling and warming qualities when applied topically.

Botanical name: *Mentha piperita*

Origin: USA



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## BENEFITS

- Freshens and invigorates when diffused
- Supports mental alertness

## INGREDIENTS

100% pure *Mentha piperita* leaf and flower oil.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

Possible skin sensitivity.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3850-0 (15ml)**

NATURE'S SUNSHINE®