



MYRRH, WILD

Resilient and Robust

Myrrh has a warm, earthy scent and has long been associated with spirituality and strength.

Botanical name: *Commiphora myrrha*

Origin: Somalia

BENEFITS

- Promotes feelings of balance and well-being
- Works well when diffused during meditation or prayer

INGREDIENTS

100% pure *Commiphora myrrha* gum resin oil.

RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways, including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before being applied topically.

COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3859-5 (15 ml)**

NATURE'S SUNSHINE®