



# FRANKINCENSE

## Center and Elevate

Prepared from aromatic, hardened gum resins of the boswellia tree, Frankincense has a complex aroma of spice, citrus and wood tones sought after for aromatic use since Biblical times. This rich aroma is famous for its meditative and elevating properties.

Botanical name: *Boswellia carteri*

Origin: Somalia



## BENEFITS

- Centering and comforting with mood-elevating aspects
- Useful in meditation and prayer
- Certified organic

## INGREDIENTS

100% pure organically-grown *boswellia carteri* gum resin oil. Certified Organic by Ecocert.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3869-6 (15ml)**

**NATURE'S SUNSHINE®**