



INSPIRE

Uplifting Blend

Juicy citrus and cooling mint awaken the senses while spicy undertones provide the fire needed to uplift, motivate and INSPIRE!

FEATURES

Pink Grapefruit, Orange, Lemon, Spearmint, Peppermint, Cinnamon, Bergamot, Ginger, Vanilla oleoresin

- Diffuse in the morning whenever a sense of 'get-up-and-go!' is needed
- Carry in purse, briefcase or backpack to help find motivation during a long work day or study session

INGREDIENTS

100% pure essential oils of *Citrus x paradisi* (Grapefruit) peel, *Citrus sinensis* (Orange) peel, *Citrus x limon* (Lemon) whole fruit, *Mentha cardiaca* (Spearmint) leaf, *Mentha piperita* (Peppermint) leaf & flower, *Cinnamomum zeylanicum* (Cinnamon) bark, *Citrus x bergamia* (Bergamot) peel, *Zingiber officinale* (Ginger) root, *Vanilla planifolia* (Vanilla) oleoresin.

RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3871-3 (15ml)**

NATURE'S SUNSHINE®