



# REFUGE

## Calming Blend

Notes of mellow floral, luscious citrus and inviting vanilla create a personal quiet space in any environment where calm is needed. As daily stresses and worries accrue, REFUGE will be your beacon for peace and serenity.



## FEATURES

Lavender, Orange, Atlas Cedar, Ylang Ylang, Blue Tansy, Vanilla

- Diffuse in a room for calming effect
- Carry in purse or briefcase in a roll-on bottle to apply at pressure points whenever daily stress needs to be allayed
- Makes a perfect spa-day addition to baths, salt scrubs and lotions

## INGREDIENTS

100% pure essential oils of *Lavandula angustifolia* (Lavender) flower, *Citrus sinensis* (Orange) peel, *Cedrus atlantica* (Atlas cedar) wood, *Cananga odorata* (Ylang Ylang) flower, *Tanacetum annuum* (Blue Tansy) leaf & flower, *Vanilla planifolia* oleoresin.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3876-4 (15ml)**

**NATURE'S SUNSHINE®**