

# Detox Basics NPN 80064724

30 Packets, Daily Detoxifying Program, Stock No. 3986

**D**etox Basics is a comprehensive, 30-day detox program designed to help support the function of liver, an organ involved in detoxification. It also provides antioxidants.

## *Did you know?*

The digestive system feeds the entire body and must function properly to ensure the efficient elimination of toxins.

The colon, in particular, must function properly to carry waste materials from the body. The liver and kidneys are also important detoxifying organs. The liver aids in the digestive process by secreting bile that emulsifies fat, controls the metabolism of various nutrients, and serves as a reservoir for many of these same nutrients. The kidneys act as a filtration system during the production of urine.

## *NSP Advantage*

This package contains 30 packets which represents a 30 day supply. One packet contains 3 Berberine IR capsules, 1 Milk Thistle tablet, 1 N-acetyl L-Cysteine tablet and 1 NutriBiome Bacillus Coagulans capsule.

**Ingredients:** **Berberine IR:** Medicinal Ingredients: Each capsule contains Berberine (berberis aristata) root 333.3 mg. Non-Medicinal Ingredients: Cellulose, magnesium stearate, silicon dioxide and hypromellose.

**Milk Thistle:** Medicinal Ingredients: Each tablet contains Vitamin C 240 mg, *Silybum marianum* (milk thistle) seed 175 mg contains 80% Silymarin, 35:1, QCE 6125 mg, *Taraxacum officinale* (dandelion) root 152 mg, Choline (choline bitartrate)

55 mg, Inositol 55 mg, N-Acetyl-L-cysteine 55 mg and Beta-carotene 7000 IU. Non-Medicinal Ingredients: Maltodextrin, cellulose, croscarmellose sodium, microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, carnauba wax, hypromellose and purified water.

**N-Acetyl-L-cysteine:** Medicinal Ingredients: Each tablet contains N-Acetyl-L-Cysteine 300 mg, *Curcuma longa* (turmeric) rhizome 12.5 mg. Non-Medicinal Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, hypromellose, magnesium stearate, silicon dioxide, carnauba wax, maltodextrin and purified water.

**NutriBiome Bacillus Coagulans:** Medicinal Ingredients: Each capsule contains Bacillus coagulans (whole cell, MTCC 5856) 1 Billion colony forming units and Inulin 270 mg. Non-Medicinal Ingredients: Hypromellose, silicon dioxide and magnesium stearate.

**Recommendation (adults):** Take the contents of one packet (2 tablets, 4 capsules) before a meal once daily. Take with meals.

**Risk Information:** Consult a practitioner if symptoms persist/worsen. Do not use if you are pregnant or breastfeeding. For use beyond 3 months, consult a health practitioner. Consult a health care practitioner prior to use if you are taking other medications or natural health products as Berberine may alter their effectiveness. Hypersensitivity, such as allergy, has been known to occur; in which case, discontinue use. If you are taking nitroglycerin do not use this product. If symptoms of digestive upset occur, worsen or persist beyond 3 days, discontinue use and consult a health care practitioner. If you have fever, vomiting, bloody diarrhoea or severe abdominal pain, consult a health care practitioner prior to use. If you have an immune-compromised condition (e.g. aids, lymphoma, patients undergoing long-term corticosteroids treatment), do not use this product. If you are on antibiotic, take at least 2-3 hours before or after. Consult a health care practitioner prior to use if you have diabetes, kidney stones, liver disease, leucopenia, hypoglycemia or hypotension and taking nitroglycerin.

## Features & Benefits

- Helps to support liver function. Milk Thistle traditionally used in Herbal Medicine as a hepatoprotectant/ liver protectant. Milk Thistle is used in Herbal Medicine to help support the function of the liver, an organ involved in detoxification.
- Used in Herbal Medicine to help relieve digestive disturbances/dyspepsia.
- Helps support intestinal/gastrointestinal health. Could promote a favourable gut flora. Source of probiotics.
- Provides antioxidants.
- Berberine IR supports healthy glucose metabolism.
- A factor in the maintenance of good health.