

PROFILE

of a CHAMPION

Isabelle Langlois

Isabelle Langlois is a nurse, naturopath and herbalist with a passion for alternative health and a vision for making alternative health options available to everyone. Isabelle has just recently earned the Rising Star trip to Utah, USA, to visit NSP's facilities which will include a side trip to Las Vegas.

Her goal is to show clients that their dietary choices and lifestyle have a direct impact on their health. Weight loss, acidity, allergies, arthritis, digestive issues... "I help people to recognize and understand each signal that their body sends, and to be more aware of what their body is saying."

As an alternative health practitioner and certified IN.FORM coach, Isabelle offers a life plan based upon:

- dietary habits customized for individual glandular types;
- emotional breakthrough with Bach's and Bailey's flower remedies;
- supplementation if needed, due to the numerous deficiencies created by stress, pollution and unhealthy eating habits.

She operates several clinics in the Montreal area and is a sought after lecturer and educator.

Why Nature's Sunshine?

"Nature's Sunshine was presented to me at a time in my life when I didn't believe that natural health products could do me much good. When Lise Harbeck asked me to try her products, I told myself, I will give alternative health a last chance. In a short time I saw that the products were helping my recovery! The products were so efficient that I knew they could help my family, too. When I became a naturopath, I naturally recommended NSP products to my clientele. I continue to rely on NSP products because NSP values quality, and this keeps my customers satisfied with the improvements in their health."

Your 3 keys to success:

- 1) Always think about people's well-being, and how to help them make healthier choices.
- 2) Have short term, middle term and long term objectives, which are well defined and attainable.
- 3) Remain up to date with education, which Nature's Sunshine gives us in many different ways.

What's your ultimate goal?

"My goal is to help people take control of their health by giving them all the tools they need to achieve this. It is important to realize that we are all responsible for our own choices and actions. Choices are important when it comes to our health, to our food, and to the quality of natural health products we purchase."



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How I grow my business

"It all started when I decided to complete a naturopathy course, which I had put aside for many years. My first goal was to be healthy again, due to my work and lifestyle, I needed to regain balance. As the people around me saw the changes in my life, they started asking me for advice. Little by little, I started getting more confident in my ability to help others to be healthier. I was seeing my company grow and caught a vision of where my future could head. Thus, I decided to focus completely on this venture. When I felt more confident, I decided to dedicate myself 100 % to this new career and gave up on my work as a nurse. The most satisfying thing about this work is that it never gets boring; you get to help people in personal consultations, by educating others, or by coaching new Managers. I never feel like I'm working, and it's such a splendid gift. I'm always happy to start a new workday or a new project."

Helping others to grow

"It is important to be in tune with others' needs—to be there for them and to respect their own rate of progress. Either through phone or e-mails, I educate my group on how to use the products and NSP business plan. Support can take various forms: in a nutshell, it is important to offer our help and to let the members of your group know how important their personal success is to you!"