

# PROFILE of a CHAMPION

*Ramila Padiachy DNM<sup>®</sup>, R.Ac*

Coming to Canada from South Africa over 20 years ago was the start of a new beginning for Ramila Padiachy, in ways she could not have imagined at the time. For 15 years Ramila had been struggling with several health problems, which baffled doctors even here in Canada. She also could not find employment in her field, which only compounded her feeling of despair. Now in Canada, she continued her search for solutions to her health problems and decided to train in the area on alternative health, upon having no success with conventional healthcare. It was through this search for a healing solution that she was introduced to NSP. Twenty-three years later, Ramila is a doctor of natural medicine, a registered acupuncturist, iridologist, and reflexologist. And with husband Megs, the MasterGold couple have run a successful NSP business and alternative health clinic in the Ottawa, Ontario area.

We had the chance to catch up with Ramila to find out what has made her and husband Megs so successful.

## **Why Nature's Sunshine?**

When Ramila was introduced to the quality standards and testing procedures of NSP products, she was immediately impressed and recognized many of the procedures, having majored in analytical chemistry and worked in the food industry back in South Africa. "The quality was what excited me at first about NSP. When I used various products from health food stores I would not get results. So I began using NSP products, and within six weeks I was symptom free. I then started recommending these products to my patients, and each person came back with phenomenal results."

Ramila also points out the financial benefit of being with NSP. As new immigrants to Canada the couple struggled to make ends meet. Today, they have a very comfortable lifestyle and earn at least two trips a year with NSP and afford two international trips of their own.

## **Your 3 keys to success:**

- 1) Passionate about helping people and transforming their lives emotionally, physically, and mentally.
- 2) Education. Once a person is educated about their health they are able to continue their journey in wellness.
- 3) Sharing the amazing NSP products with my patients.

## **What's your ultimate goal?**

"Our ultimate goal is to reach Senior Diamond Manager with NSP. NSP has been a vehicle for me to reach my goals thus far and I believe my next step would be to take this further to empower and educate people around the world."



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## **How I grow my business**

"Passion for what one does is the most important ingredient for success, everything else follows automatically."

Ramila believes that when you love what you do and walk your talk, it radiates through you. And when people feel that passion they want to emulate it in their own life.

In December of 2014 the couple purchased commercial property for their own clinic. "Our patient demographics include two-week-old babies to 101-year-old individuals. Because we get to the root cause of a person's illness we are able to treat all types of conditions."

## **Positive communication and influence**

The second step is positivity — people are naturally attracted to positive people. This is one of the keys to healing together with nutrition and NSP products. Individual lives are changed one at a time through positive influence.

Ramila explains her business grows naturally through referrals on a daily basis.

Education is another key ingredient and NSP has several helpful tools. Husband Megs educates people on the business aspects, while Ramila educates them on the products through a monthly newsletter and personal consultation.