

PROFILE

of a CHAMPION

Elise Fontaine



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“When I first heard about Nature's Sunshine in 1979, I wasn't doing well and pregnant with my fourth child. Thus, I always had a lot of things to do, and not a great deal of energy. I then tried to take a few herbs. I was really interested in herbs and I was immediately interested in the power of herbs. What also impressed me was that I didn't feel any side effect after using them. Afterward, it didn't take long for me to join NSP. This is how it all began, even though it was a little more difficult for me, since in its beginning, NSP's documentation was only in English. The only book in French that I had on this topic was called *Curativement vôtre* (Curatively Yours). It was sort of my bible back in those days. Little by little I became more involved. I saw that I now had more energy, and that I also obtained good results for my children. They almost never had to take antibiotics, and they all ended up doing really well.”

Success in growing my NSP business:

“I was very diligent in attending seminars pertaining to the company. It gave me motivation and acknowledgment, which I now share with my team. On that front, my team has a lot of members living in various cities including Ottawa, Forestville, Quebec City, Thetford Mines, St-Jérôme and Sherbrooke. In order to expand my network, I organized reunions and conferences on alternative medicine.

“In 1979 I also met, Robert Levert, who was a translator for NSP. Afterward, everything became easier. He took part in all my reunions. We traveled a lot, and we especially laughed a lot. In the beginning, I didn't have a sponsor. Rhéa Goudreau acted as my sponsor, until Marilène Perrault arrived on the scene. I am now part of Marilène's network and I am more active once again. I take part in webinars, Conferences, conference calls, etc.

“I am now part of a vibrant, dynamic team. In our team there is a lot of sharing, of helping, of love and of laughter.”

Your 3 keys to success:

1. “Surround yourself with people who really want to learn more about herbs and about NSP products. Make yourself available to the people who are part of your team.”
2. “Dream big. I have four beautiful sons and 3 beautiful daughters, and I will soon be a granny for the 10th time. It all motivates me to help my family remain healthy and happy.”
3. “Be authentic and listen to others. Work harmoniously with them and respect everyone.”

What is your ultimate goal:

“Change the way people think in order to make them aware of all that nature brings us. Learn more about how to help parents to get the tools they need to take care of their family, and then teach it to others. With the help of my team, we will make it come true.”