

# PROFILE

## of a CHAMPION

### *Ean Langille & Lynne Kildaw*

**P**ersonal health, wellness, and transformation — this is what Ean and Lynne experienced with their own health issues and they have never looked back. “We started sharing our passion and love for the amazing body and mind. If we could heal and get results...Why not anyone and everyone?” It was then that the couple started their business called Total Wellness. “Helping others for over 16 years now has been an incredible journey.....and we have appreciated every learning experience and celebration along the way.”

#### **Why Nature's Sunshine?**

“Our attitude of never compromising and standing behind the products we use and share with others in our business makes NSP the perfect fit for us. People Get Results.

“NSP’S commitment to excellence, the quality, purity, and consistency month-after-month and batch-after-batch of a safe reliable product is simply the best. NSP does extensive research and develops great new products that keep us current in the health field.

“Nature’s Sunshine is our ‘product of choice.’ We love these herbs, plants, and superfoods; we see on a daily basis the difference they make in peoples’ lives. There is a wide range of products to address any health condition for any age. Something for Every-Body.”

#### **Your 3 keys to success:**

- 1) Passion for creating and sharing tailored health programs unique to each individual person based on their needs and lifestyle. “With Total Wellness our focus is on getting to the root and putting it all together for you to get results. Learning and understanding the NSP products has been essential to this success because of the confidence our clients have in us and the program.”
- 2) Focus and Intent on understanding the body, mind and spirit. “We are continually learning, growing and then educating others.”
- 3) Creating relationships and staying connected. “Referrals, based on results, has been key for us. We are in partnership with fantastic people and very thankful for each and every one of them.”

#### **What’s your ultimate goal?**

“Our goal is to reach so many more families and households and have them experience a happy, healthy lifestyle—an NSP lifestyle. We have an unwavering intent for everyone to be ‘WELLthy’ and have Total Wellness.”



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#### **How we grow our NSP business**

“First and foremost, we are the biggest fans of the products. We have an NSP household. Our NSP lifestyle is on display and we are very excited to share.

“You Can Have it All’ is our vision with every person who desires something more.

“On-going relationships and personal contact are key. We have one-on-one time to explore what people want and need for themselves and their family. We find what fits one’s lifestyle and how we can make that as easy and successful as possible.”

#### **Helping others to grow**

“As we work with others on their own health issues, their understanding of themselves, their body, and thoughts become greater and more profound. The more they understand, the more they share. The more they share, the more they can see themselves doing a health business. We then work on educating and training them to grow their business, in their own special way, with their passion and knowledge leading the way. Keeping in touch and being available for all the bumps and celebrations along the way is very important. Ultimately, their vision and their ‘whys’ make their dreams a reality.”