



# LEMON

## Crisp and Clean

The clean, zesty aroma of lemon has a remarkable cleansing effect on body and home. Lemon essential oil has a mouth-wateringly juicy fragrance that evokes sunshine in a bottle. It takes 3,000 lemons to make 1 kilo (roughly two pounds) of essential oil. That means one drop of oil is equal to 20 lemons! Stimulating and versatile, Lemon oil provides a burst of freshness for a variety of household uses.

Botanical name: *Citrus x limon*

Origin: Italy

## BENEFITS

- Diffuse in a room to elevate mood
- Use to clean kitchen or bathroom areas

## INGREDIENTS

100% pure *Citrus x limon* peel oil. Cold pressed.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

Lemon oil can be photosensitizing. Avoid sun exposure after topical application.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3848-4 (15ml)**

NATURE'S SUNSHINE®