DETOX BASICS

Daily Detoxifying Program*

The human body is brilliantly designed to neutralize the wide variety of harmful toxins it encounters each day. When it’s healthy, the body expertly intercepts, breaks down and eliminates a variety of environmental pollutants, chemicals, food additives and more on a continual basis. But even the best of our built-in defenses can use support.

Detox Basics Daily Detoxifying Program provides your body with the nutrients it needs to help neutralize, prepare and convert toxins for transport and elimination on a daily basis.*

KEY INGREDIENTS

- Vitamin A
- Berberine from Indian Barberry root
- N-Acetyl Cysteine (glutathione precursor)
- Vitamin C
- Milk Thistle seed extract
- Dandelion root
- Bacillus coagulans (shelf-stable probiotic)
- Inositol
- Choline bitartrate
- Turmeric rhizome
- Prebiotic fiber (food for probiotics)

RECOMMENDED USE

Take the contents of one packet (2 tablets, 4 capsules) before a meal, once daily.

COMPLEMENTARY PRODUCTS

CleanStart®, CleanStart® Mild, Berberine IR™, Probiotic Eleven®
FREQUENTLY ASKED QUESTIONS (FAQs)

IS DETOX BASICS SAFE TO TAKE EVERY DAY?
Yes, Detox Basics supports the natural detoxification processes that happen in your body on a daily basis.* The product is formulated without harsh ingredients that could cause irritation or discomfort. Try using Detox Basics between uses of targeted Nature’s Sunshine cleansing products like CleanStart®, CleanStart Mild, Tiao He® or Dieter’s Cleanse.

HOW MANY CAPSULES ARE IN EACH PACKET?
You'll find 2 tablets and 4 capsules in each packet. The serving size is one packet daily.

WHAT IS THE DIFFERENCE BETWEEN A DETOX AND A CLEANSE?
Think of detoxification as the "umbrella" under which cleansing resides. Detoxification happens continuously, day in and day out. Cleansing can be performed periodically to support the body’s natural detoxification processes when it is needed. Some people choose to start a cleanse program on a periodic, seasonal basis or before starting a diet, for example. Because detoxification happens daily, Detox Basics is a great way to support the body’s natural processes.